# STSROC Report to EMP Board Meeting September 10, 2018

## **Programs and Activities Completed**

# **Stop the Stigma Concert - June 9, 2018 - 6-9:30pm Perinton Amphitheater**

The overall theme this year was **#yourmindmatters**. Food trucks and vendors were present, merchandise was available for sale, speakers from U of R, Mental Health Association and Maddy Horowitz (speaker at Ithaca TEDx) were present, bands and solo performed. Counselors were present for the event. We presented a check for \$2000 to NAMI from the proceeds of the event.

# **Resource Table Participation – July & August**

STSROC provided resource tables at both the Constellation Brands Employee Information and the Villa of Hope Frontier Field events

### Fairport United Methodist Men Breakfast – September 9, 2018

Presented the purpose and mission of STSROC to the men and women of Fairport UMC

# **Upcoming Programming and Activities**

# STSROC Board Youth Power Training – September 16, 2018

Youth Power will be working with the board to empower youth members and to coach adult members to better empower youth members

## September 23rd - 11 am-3 pm - AFSP Out of the Darkness Walk

We have been invited to have a resource table at the walk this year.

## Real Talk with Teens – Gates in October, Penfield in November

Stop the Stigma ROC presents... Real Talk with Teens. An event that allows for open and personal discussion about mental health and suicide. Real Talk with Teens will be moderated by a representative from the National Alliance on Mental Illness (NAMI). Youth of all ages are welcome!

### **Operational Update**

- The STSROC board has established our 2018-19 program calendar.
- We have established our monthly board meetings through the end of the program year June
- Our treasurers have established a proposed 2018-19 budget that the board will seek to approve in September.