

STSROC Report for EMP Board Meeting December 3, 2018



Programs and Activities Completed

National Suicide Prevention Day at Fairport High School- September 14th

We worked with the administrators at Fairport High School to organize an event at our school to celebrate National Suicide Prevention Week. In the morning before first period, we handed out post-it notes with positive notes on them to students. During all three lunch periods, we sold our merchandise and distributed resources. We raised around \$200.

American Foundation for Suicide Prevention Community Walk- September 23rd

We were invited to have a resource table at this event which took place Genesee Valley Park. We connected with hundreds of people and promoted STSROC.

Stop the Stigma ROC Volunteer Committee Meeting- October 1st

Hosted our first volunteer meeting and met two new potential volunteers. We will host volunteer outreach meetings quarterly. Our goal with the meetings is to keep our concert volunteers engaged with our programming year round.

Real Talk with Teens - Gates - October 14

Stop the Stigma ROC presents... Real Talk with Teens. An event that allows for open and personal discussion about mental health and suicide. Real Talk with Teens will be moderated by a representative from the National Alliance on Mental Illness (NAMI). Youth of all ages are welcome!

YOUTHPOWER! Training for Stop the Stigma ROC Board- October 18th

Our STSROC Board hosted YouthPower representatives for an evening of training. Youth and adult board members worked in separate groups. YOUTH POWER! is a New York State network run for and by youth and young adults. We work to ensure young people have meaningful involvement on all levels of the services they receive. We ensure the availability of Peer Support through persistent advocacy, technical assistance and by offering training and education opportunities.

#OpenUp Community Meeting at Facebook HQ in NYC- November 16th

We were invited by Vibrant Emotional Health (formerly the Mental Health Association of NYC) to come to the first ever #Open Community Meeting at Facebook HQ in NYC. Three of our youth board members attended the meeting with an adult driver that brought them down to NYC. It was an all day conference that included panels and group discussions. We learned so much information that we will apply to our organization and made many connections with important people in this field.

Penfield High School Parent Awareness Night Resource Fair- November 28th

PHS Prevention Day Presentations & Resource Fair. There were two sessions of hour-long presentations on critical topics families are facing. Event attendees were able to connect with over a dozen local prevention agencies at the Resource Fair, including STSROC. We had three youth board members in attendance.

Upcoming Programming and Activities

Presenting STSROC at Perinton Quilting Guild Meeting- December 3rd

We have been invited to attend this meeting to share the mission and vision of STSROC. The guild is gifting our organization with a financial contribution.

S.W.A.T. Youth Open Mic Night at Boulder Coffee- December 6th

Monroe County's Spreading Wellness Around Town Youth Council will host this event. Young people are invited to share your stories and experiences, reduce stigma around mental health and help spread suicide awareness and prevention. STSROC will be in attendance!

Stop the Stigma ROC Board of Directors Retreat- January 11th-13th

The STSROC Board will spend a weekend reflecting on our mission and planning our next steps in programming. One consideration is that we would begin to offer programming to local youth groups.

Penfield Real Talk with Teens Event- January 27th

Stop the Stigma ROC presents... Real Talk with Teens. An event that allows for open and personal discussion about mental health and suicide. Real Talk with Teens will be moderated by a representative from the National Alliance on Mental Illness (NAMI). Youth of all ages are welcome!

First Stop the Stigma Awareness Concert Planning Meeting- January 31st

We begin to plan this year's concert that is scheduled for June 8.

The Jordyn Keeley Memorial Art and Writing Competition- Dates TBD

Planning is underway for our 2nd Annual art competition. We met with representatives from the UR Medicine Office of Mental Health Promotion and they will partner with us. The plan, in its early stages, is to hold the initial show in a local gallery. The entire exhibit would then be moved to the UR Bridge Gallery for an extended time period. We plan to have our brochures distributed to local schools by the end of December.

Operational Update

- 2018-19 program calendar attached
- 2018-19 budget sent by Marie Kamp
- Finance update as of December 1 sent by Marie Kamp

